



# Saint Gregory

## Family Cancer Support Ministry

Bringing Christ to Families Experiencing Cancer

### Now Offers "Talking about Cancer"

A monthly meeting for anyone who has had or is experiencing cancer, including family and friends

### The Second Monday of Every Month

from 7:00 p.m. to 8:00 p.m. in the Trinity Room

### What will participants find at a typical "Talking about Cancer" meeting?

- ◆ Spending time with others who have had experiences similar to their own
- ◆ Meeting those who have cared for family members, some for many years
- ◆ Encountering an atmosphere where no question about cancer is out of place
- ◆ Asking for prayers from others who really know about cancer and care
- ◆ Receiving extra support during unusually stressful periods
- ◆ Talking occasionally with guest speakers who specialize in cancer-related topics
- ◆ Discovering a safe place to talk about loved ones who are no longer with us
- ◆ Enjoying the companionship of fellow parishioners both young and old

### Who should attend?

Cancer patients, cancer survivors, family members, friends, those with questions about cancer, anyone who is dealing with cancer in any way.

No need to pre-register – simply drop by on the second Monday of each month – Healthy Snacks are Provided

For more information on the "Talking About Cancer" meeting, contact Kent Peters at 858-735-6889.