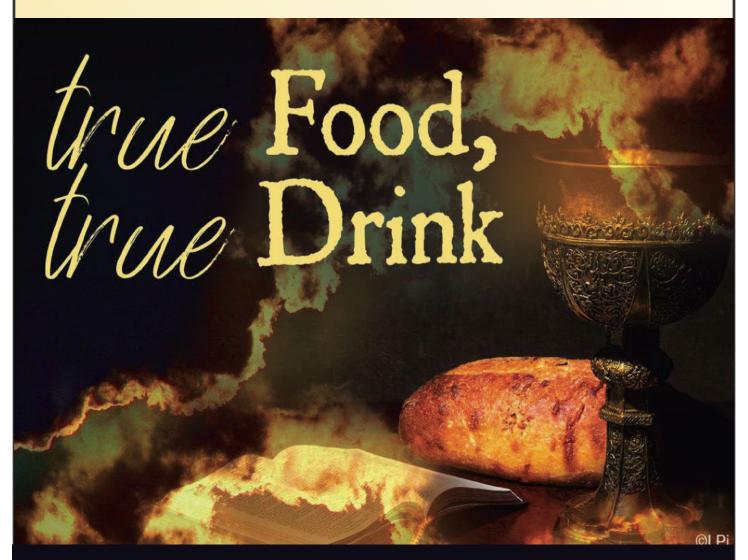
# Saint Gregory the Great Church



20th Sunday in Ordinary Time August 18, 2024



Whoever eats this bread will live forever.

Jn 6:58

#### WELCOME TO ST. GREGORY THE GREAT CATHOLIC CHURCH

**OUR CLERGY** 

**PASTOR:** 

FR. BART LANDRY, CSP

ASSOC PASTOR FR. JERRY TULLY, CSP

PRESIDER FR. JIM RAFFERTY

DEACON RON DIEM, DEACON DOUG PINGEL DEACON DOMINIC GUZZARDO

#### **OFFICE HOURS**

MON-FRI 8:30AM-NOON LUNCH-NOON-1PM AND 1-3:00PM SUNDAY 8:30AM-NOON

#### **ADDRESS**

11451 BLUE CYPRESS DR.
SAN DIEGO, CA 92131
PHONE 858-653-3540
EMAIL INFO@STGG.ORG
WEBSITE WWW.STGG.ORG

#### **MASS TIMES**

WEEKDAYS 8AM
1ST FRIDAY OF THE MONTHANOINTING MASS NOON
SATURDAY 5:00PM
SUNDAY
7:30AM
9:00AM SIGNED FOR THE DEAF
11:00AM
5:00PM YOUTH MASS

RECONCILIATION SATURDAYS 4-4:45PM OR (CALL 858-653-3540 FOR APPT)

ADORATION OF OUR LORD EVERY 2ND AND 4TH THURSDAYS OF THE MONTH 24 HOURS

LIVESTREAMED MASSES WEEKDAYS @ 8AM SUNDAYS @ 9AM AND 11AM



Meet Rev. Hieu Trong
Nguyen, SVD **this weekend** when he comes
to celebrate Masses and
speak about the ministries
of his religious community,

Don't miss the opportunity to help in this year's collection to benefit the Divine Word Missionaries!

This international religious community serves in 79 countries, helping to build chapels, celebrate the sacraments, and



spread the Word of God in remote mission communities. Your donation will help them to continue the important mission that God calls them to.

# "And all at once, summer collapsed into fall." - Oscar Wilde

Getting back into our fall routines may seem mundane, but there's beauty to be found in routine. Fall allows us the structure and downtime to sit and get some planning and organizing done. All in all, fall is a beautiful time to slow down and take things in. As fall brings about change in ourselves and the world around us, let us strive to embrace the new, grow joy and thank God for another beautiful season about to unfold.

Find information for upcoming programs and other opportunities within this bulletin.

STGG '24-'25

# **FAITH FORMATION**

WHERE FAITH AND COMMUNITY GROV



## **REGISTRATION NOW OPEN**

CATECHISTS NEEDED
CONTACT BELLA@STGG.ORG
FOR MORE INFO

STGG.ORG/faith-formation



Registration is now open for both programs!
To sign up for the Sacrament of Confirmation, please scan the QR codes to register.
Questions? Email youthministry@stgg.org

#### WEEKLY MASS INTENTIONS

Sat., Aug 17 5pm Reynaldo Salvador †

Sun., Aug 18 7:30am

**Mary Coates** †

Sun., 9am

Bill Kelly †

Sun., 11am Joyce Alfonso-Bautista † Sun., 5pm Kathleen Ann Galindez †

Mon., Aug 19 8am

Patricia Walter †

Tues., Aug 20 8am

Alfredo Garrido†

Wed., Aug 21 8am

Francis Gonong †

Thurs., Aug 22 8am

Jerry Loos †

Fri., Aug 23 8am Deacon Manny Carpizo †

7 DAY CANDLES
For the Special
Intentions of:



All Active Duty Military Rebecca Amundson Tyler Gouslin Family Cancer Suppo

Family Cancer Support Ministry Christina and Michael DiMattina

#### PRAYER FOR OUR MILITARY

Thank you for the men and women who have stepped up to serve and protect our country. Keep them healthy and free from sickness as well as injury. Amen.



# PLEASE KEEP THE FOLLOWING PEOPLE IN PRAYER

Arley Stanley, Barbara Trent,

Sheila Cheri, Jake Santiago, Abundio Amper, Jr., Nadine Oddo, Mark Turfler, Aiden Dagsaan Judith & Joeseph DiMatteo, Barbara Kellogg



Please accept our heartfelt condolences for the loss of:

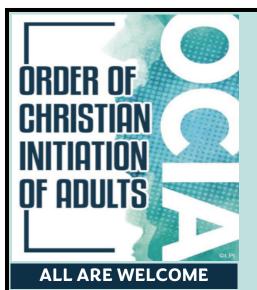
Daniel Hohman
Ron Marcoux
Andrew Dang Nguyen
Carmen Morrissey
MAY THEY REST IN PEACE



Please join us as we welcome all who are new to our Parish!

Ryan Lastrella and Aica Dizon James and Sarah Whitlow David Koravos Wesley Orbreon

We are so glad you are here! New?
Click to join:
www.stgg.org



Are you interested in knowing more about the Catholic faith...

or just exploring the idea of becoming Catholic?

Come join us in September as a new session of OCIA begins. We meet Tuesdays at 7:00pm in the Hall.

Call Deacon Dom at 858-751-4785 or email www.stgg.org for further info.





The St.
Gregory
the Great
Sunday
Children's
Choir is

# Come to Adoration

Thursday,
Aug 22nd from
8:30am to Friday
at 8:00am
Spend time with
Jesus and deepen
your union with
Him.

sign up @ www.stgg.org

### **NOW SEEKING NEW MEMBERS!!!**

Children in grades 3rd thru 8th are encouraged to join. This choir sings once a month at the 11:00 AM Mass, and will provide music for our 4:00PM Christmas Eve Mass. This choir also takes part in our annual Lessons and Carols Celebration on Dec. 15<sup>th</sup>. For more information, and to get a schedule, please email:

John Chicca at musicministry@stgg.org

Our hearts are overflowing with gratitude at St. Gregory the Great Catholic School! An anonymous donation was made to establish a special school scholarship for parishioners at our church.

This gift is offered to parishioners at St. Gregory the Great whose children are not currently enrolled in the school. If you are interested in getting more information about this scholarship gift, please contact the school office at 858-397-1290.



# Baby Bottle Drive St. Gregory the Great Catholic



August 24-25 Present at all the Masses

Return Baby Bottles in Bottle Case located in the Church Narthex.

### Your donation provides:

- Medical Care and Spiritual Support for Women in Crisis Pregnancy.
- Baby Supplies: Diapers, Wipes, Formula and more.
- Parenting and Child Development Programs



Culture of Life Family Services (COLFS) founded in 2000, is the only organization in Southern California which offers comprehensive medical care and pro-life pregnancy clinic services for women and children regardless of ability to pay. COLFS mission includes access to Abortion Pill Reversal for women who have regret after starting a medicationinduced abortion.

COLFS Medical Clinic services include client counseling, ultrasounds, medical care and follow-up support for women and families in need, including referrals for housing and adoption.





https://friendsofcolfs.org/babybottledrive/

# The St. Gregory the Great Golf Classic AND WINE TASTING

(Vineyard Golf Course, Escondido)





This fall, join Carla and Rene Trevino as they explore the fascinating book of **Revelation-The Kingdom Yet to Come**, in the bible. Scholars have produced countless interpretations of this volume, from the ridiculous to the sublime. Revelation is about the Final Exodus of the People of God.

This study lasts for 10 weeks, and will start on Monday, September 9th from 7-10pm in the Parish

Hall. To find out more about this study, or to register, please contact the leaders, Carla & Rene **cjotrevino@gmail.com**.

If you would like to attend a bible study during the day, join Dennis Poirier and others as they study **The Bible Timeline- The Story of Salvation.** This 23 week study covers all the major parts of the bible from creation to the establishment of Christ's Church. It is a fantastic way to see the whole picture-from the Old Testament to the New Testament. You will also learn how Jesus fulfilled all the prophesies foretold about the Messiah thousands of years before His Birth.

Please join us for this informative study that begins on Monday, September 9th from 10am-Noon. Classes will be held in the Parish Nursery. To find out more about this study, or to register, please centert Deppis Pairier, the leader at the





Another great option for daytime bible study is the bible study that will be led by Terry Vildibil. She is beginning a 20 week bible study on **Acts-The Spread of the Kingdom**. This is a story of hope, and how a few brave Christians, empowered by the Holy Spirit, were chosen to bring the Good News of Christ to the ends of the earth.

Please join us starting Tuesday, September 10th from 10AM to Noon. Classes will be held in the Parish Nursery. To find out more about this study, or to register, email the leader, Terry Vildibill <a href="mailto:terry.vildibill@gamail.com">terry.vildibill@gamail.com</a>.

#### STEWARDSHIP OF TREASURE

Our Parishioners and visitors have made a joyful return to the Lord in gratitude for the gifts they have received from Him



Aug 4, 2024

Church: \$13,548.84 Online: \$13,313.50 Total: \$26,862.34



Father Joe's Ladies Guild cordially invites you to their annual **September Membership Luncheon** Learn about volunteer opportunities in the Ladies Guild. We are a service organization that provides funds for

homeless children and provides WOMAN-Power to assist at events and services at Father Joe's Villages.

The catered luncheon will be held on, Monday, Sept 9th from 11:00 -12:30PM at St. Gregory the Great Catholic Church, 11451 Blue Cypress Drive, San Diego, CA 92131 (in Scripp's Ranch)

This event is free to guests if registered by Sept. 2, 2024. For info and to register, please contact-Margie Mills at (619)733-7410 or <a href="margie.r.mills@gmail.com">margie.r.mills@gmail.com</a>

The Lady's Guild would also like to invite you to their annual Fall Craft and Bake Sale to be held on Monday, October 14th from 10:00am to 12:30pm at Father Joe's Villages- Ladies Guild Room 1501 Imperial Ave. San Diego, 92101 (enter main entrance off of Imperial Ave. ) For further information, contact- Shirley Giese at <a href="mailto:shirleygiese@gmail.com">shirleygiese@gmail.com</a>

#### WEEKLY READING CHART

**Monday:** Ez 24:15-23/Dt 32:18-19, 20, 21/Mt 19:16-22

**Tuesday:** Ez 28:1-10/Dt 32:26-27ab, 27cd-28, 30, 35cd-36ab/Mt 19:23-30

**Wednesday:** Ez 34:1-11/Ps 23:1-3a, 3b-4, 5, 6/Mt 20:1-16

**Thursday:** Ez 36:23-28/Ps 40:5, 7 -8a, 8b-9, 10/Mt 22:1-14

**Friday:** Ez 37:1-14/Ps 107:2-3, 4-5, 6-7, 8-9/Mt 22:34-40

**Saturday:** Rv 21:9b-14/Ps 145:10-11, 12-13, 17-18/Jn 1:45-51

**Next Sunday:** Jos 24:1-2a, 15-17, 18b/Ps 34:2-3, 16-17, 18-19, 20-21, 22-23 (9a)/Eph 5:21-32



St. Gregory the Great Parishioners are invited and encouraged to support COLFS at this fundraising event.

If you would like to be a to be part of the St. Gregory the Great table, please let me know as space is limited.

Maria <u>life4stgg@yahoo.com</u>

#### **PARISH LIFE**

		PARISH	1 LIFE		
Adoration	David Rowe	619-985-2215	Ministry of Mothers	TBD (seeking new leader)	
Altar Linens	Gloria Asiong	858-610-6432	Music Ministry	John Chicca	858-653-3583
	Estela Salvador	858-882-7301	New Parishioner Orientation	Rich Abrom	858-603-9640
Altar Servers	Greg Wisniew	619-922-1529		Peggy Abrom	858-414-7629
Audio-Visual Ministry	John Chicca	858-653-3583	OCIA	Deacon Dom Guzzardo	858-751-4785
Baptism Seminars	Tom & Joni Deiters	858-740-8965	Our Lady of Fatima Devotion	Carolyn Standifer	858-536-1113
Bible Study	Dennis Poirier	858-243-2455	Outreach for Nazareth Orphanage	Adrian Lopez	619-787-3565
Blood Drive	Alan Muir	858-695-1633	Parish Tours	Deacon Ron Diem	858-653-3582
Boy Scout Troup #616	Paul Honeycutt	858-692-1112	Prayer Wheel	Matt Gaynor	858-344-2165
Boy Scout Female Troup #226	Paula Trubitt	858-566-9231	Prayers & Squares	Pat Kikendall	858-771-1167
Build-A-Miracle	Chris & Julianne North	619-992-0845		Mary Hoeger	858-888-5285
Children's Liturgy of the Word	Bella Luna	858-653-3594	Relevant Radio	Greg Lettau	858-663-6978
Communion to the Homebound	Paulette Deniston	619-857-5443	Respect for Life / Social Justice	Maria Manyari	858-549-2812
Computer Help Ministry	Michael Yang	619-607-0875		Greg Lettau	858-663-6978
Confirmation Preparation-Adult	Sergio and Eileen Vargas	858-484-9425		Doug Campion	858-860-5532
Confirmation Preparation-Youth	Vinny Kyamko-Yap	858-653-3591	Rosary Cenacle	Lucie Hoge	858-357-1843
Connection to Christ Small Groups	Deacon Ron Diem	858-653-3582	Rosary Makers STGG Food Share	Mary Ann Quinto Joe Kloberdanz	619-252-7874 858-449-6246
Cooking Group	TBD (seeking new leader)		Sister Parish Outreach	Angie McAllister	858-395-5916
Cub Scouts `	Stephanie Karpow	858-776-2808	Clotor i anon Canadan	Bill McAllister	858-790-4068
Cursillo	Frank & Paulette Deniston	619-857-5473	Special Needs Ministry	Erin Zwahlen	619-540-0676
Daily Mass Ministry	Jenny Quimpo	619-972-9719	St. Vincent/Meals for Homeless	TBD (seeking new learder)	010 010 0010
Divine Dining	Mark & Gail Russell `	619-972-1457	Vacation Bible School	Bella Luna	858-653-3594
Divine Mercy Cenacle	Carolyn Standifer	858-536-1113	Wedding Ministry	Judy Roitz	858653-3584
Donuts & Coffee	Kim Witham	619-508-1999	Women's Book Club	Kate Schemensky	858-748-5227
Extraordinary Ministers of the Eucharist	Greg Tom	858-271-9490	Women's Friendship Circle	Debbie Malone	858-663-5230
Faith Formation-Adult	Deacon Ron Diem	858-653-3582		Pam Klevesahl	858-748-7733
Faith Formation–Children	Bella Luna	858-653-3594	Young Adult Ministry	Bella Luna	858-653-3594
Faith Formation–Middle School	Bella Luna	858-653-3594	Youth Ministry	Vinny Kyamko-Yap	858- 653-3591
Family Cancer Support	Megan Clark	773-405-7151			
	Mary Brewer	858-395-2547			
Filipino-American	Hermie Moscoso	858-603-0397			
Gala	Becky Walton	858-397-1290	DACTODAI	STEWARD	CIIID
Gardening Ministry	Mike Yang	619-607-0875	PASTURAL	SIEWARD	SHIP
Greeters & Ushers	John Brown	858-525-5710	COUNCIL (PSC)		
Health & Safety Ministry	Linda Mulvain	858-248-0040		(1 DC)	
Helping Hands	TBD (seeking new leader)				
Kitchen Coordinator	Pat Rasmussen	858-774-8381	Pastor	Fr. Bart Landry, C.S.P.	858-653-3540
Knights of Columbus	Brian DeWitt	858-401-0890	Assoc. Pastor	Fr. Jerry Tully, C.S.P.	858-653-3593

858-886-6390

858-243-5397

858-271-9490

619-218-9088

858-549-9122

850-384-3269

858-653-3584

858-922-8860



Ed Salvador

Greg Tom

Teri Sinclair

Elizabeth Balmert

Ryan Lawrenz

Judy Riotz

Alison Bussett

TBD (seeking new leader)

Bill and Maureen Carpenter

Lector

Liturgical Environment:

Liturgical Scheduling

Marriage Encounter

Mental Health Ministry

Ministry of Consolation

Military Friendship & Support

Martha's Ministry

Ministry Fair

Pastor	Fr. Bart Landry, C.S.P.	858-653-3540
Assoc. Pastor	Fr. Jerry Tully, C.S.P.	858-653-3593
Deacon	Ron Diem	858-653-3582
Chief Steward	Michael Kielty	858-271-1004
Financial Council	Gene Fantano	858-335-2253
Parish Development	Maria Sittmann	619-846-4706
Communications	TBD (seeking new leader)	
Catholic School	Erin Zwahlen	858-397-1290
Christian Formation	Ken Marra	858-442-3871
Groups & Organizations	Marla Garvey	858-689-8449
Liturgy	Cheryl Magner	858-271-7250
	Greg Tom	858-271-9490
Parish Life	Matt Gaynor	858-344-2165
Parish Outreach	Mike Harris	858-829-3191
Parish-wide Involvement	Bill and Maureen Carpenter	858-922-8860
Business Manager/Bookkeeper	Loretta Neag	858-653-3590
Stewardship/Webmaster	Nichol Swift	858-653-3546

#### PARISH STAFF

Fr. Bart Landry, CSP Pastor frbart@stgg.org

Fr. Jerry Tully, CSP Associate Pastor 858-653-3593 frjerry@stgg.org

Dcn. Ron Diem Dcn/Facilities Mgr. 858-653-3582 deaconron@stgg.org

Dcn. Doug Pingel

559-731-9791 dougjpingel@gmail.com

Dcn. Dom Guzzardo, OCIA Coordinator 858-751-4785 Deacondom@stgg.org

Erin Zwahlen School Principal 858-397-1290 office@stggcs.org

Jose Barrera Maintenance 858-653-3540 jb@stgg.org

John Chicca Music Director

858-653-3583 musicministry@stgg.org

Bill Feather Catechetical Asst. 858-653-3595 bill@stgg.org

Suzanne Guzzardo Reception

858-653-3540 reception@stgg.org

Vincent Kyamko-Yap Youth Ministry Coor. 858-653-3591 vinny@stgg.org

Bella Luna Faith Formation/
858-653-3594 Young Adult Coor.
ffstgg.org, bella@stgg.org

Loretta Neag Finance Manager 858-653-3590 loretta@stgg.org

Judy RoitzBaptism, Wedding,<br/>and Funeral Coor.858-653-3584wedding@stgg.org

Nichol Swift Stewardship Coor. and Webmaster

858-653-3546 nswift@stgg.org



11451 Blue Cypress Dr. San Diego, CA 92131 858-653-3540 www.stgg.org

#### SCHOOL STAFF

#### **Administration**

Erin Zwahlen, Ph.D., BCBA-D Principal

858-397-1290 office@stggcs.org

Becky Walton School Office Manager

858-397-1290

Amy IgouPre-School Director858-397-1291aigou@stggcs.org

<u>Preschool Instructional and Extended Daycare Team:</u>
Miss Gayle, Miss Saritha, Miss Irene and Miss Noemi

Pre -School 2 Yr. Old Program: Miss Erica, Miss Anastasia

Pre -School 3Yr. Old Program: Miss Elyssa, Miss Jessica

Pre -School 4 Yr. Old /Pre-K Program:

Miss Melanie

Instructional Aides:/\*Extended Daycare Staff
\*Debbie Howard, Jill Saffee, \*Sybil Samuel
Karla Trujillo, Jennifer Freeman, Jill Ilko,
Amy Suter

**Elementary Grades/Kindergarten-5th Grades** 

Michelle Langley, Kindergarten Cindi Silady, Grade 1 Melissa Fugitt, Grade 2 Angela Hutter, Grade 3 Christina Defensor, Grade 4 Maryann Maletta, Grade 5 Debbie Solomon, P.E. K-8

Frank Amador, Music, K-8 and Stem 3-8 Sinead Quinn, Spanish 6, 7, 8 and

Learning Supp K-8

Middle School

Jena Olalia: 7th Homeroom, History and Social Studies Site

Leader

Kelli Lawrenz: 6th Homeroom, Religion Site Leader,

and Technology Coordinator

Erin Hellbusch: 8th Homeroom, Literature 6-8

Dan Phillips: Math, Math Site Leader

Camille Girard: Science 6-8, GSDSEF Coach, and Science Site

Leader



15315 Stonebridge Pkwy San Diego, CA 92131 858-397-1290 www.stggcs.org





#### \$1,000.00 OFF YOUR FIRST THREE MONTHS!

1-619-457-1335 | ridgeviewhealthcenter.com



(f) (a) & (a) State of California License #374604426.

\*Move ins must be completed within 30 days of deposit. #Blissfullife



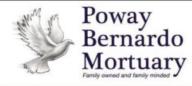
BATH & KITCHEN DESIGN SAN DIEGO

#### 858-413-2305

12147 Kirkham Rd., Ste. B Poway, CA 92064

Remodel Works Love where you Live. www.remodelworks.com

Ambulance/Police CALL NOW!



Cremation Services

Graveside Services nsfers & more

13243 Poway Road Poway, CA 92064 (858) 748-4101

## PACIFIC

Jordanna Strauser DRE# 01996172

858.603.3121 | hellojordanna@gmail.com PARISHIONER

#### Place Your Ad Here and Support our Parish!

AD CREATOR STUDIO





# Have A Blessed Day!!

IF YOU LIVE ALONE

GPS & Fall Alert 800.808.9294 and-medalert.com



**Newly Remodeled!** 

HOUSE

**DIRECTOR OF ADMISSIONS** 

Amber@NazarethHouseSD.org

For information and to

Amber Zendejas

619-563-0480

NAZARETH

Ed Ashman, Realtor Call Ed today for all your real estate needs!

858-500-6880

DRE Lic. #01348623

# DOES YOUR NONPROFIT ORGANIZATION NEED

Engaging, ad-supported print and digital newsletters to reach your community.

Visit Ipicommunities.com



**SHORT** STAFFED?



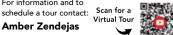
SUPPORT OUR ADVERTISERS



 Flood Detection Fire Safety Carbon Monoxide

833-287-3502





- Daily Mass in our Chapel
- Nurses 24/7
- Quality Care & Activities Scenic Patio Views from vour Private Room

**OUR COMMUN** NEWSLETTER

6333 Rancho Mission Rd, San Diego, CA



An agent to help buy, sell or invest in real property!



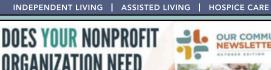


Cindi Silady, M.Ed. CIPS, SFR Realtor | DRE 02134115 858-254-1454 cindi4realestate@gmail.com

Call or text me today! Let's talk!

 Assisting property owners, with teaching the options of their property! The experienced Powell brothers are in the forefront of the changing market!

Buying, selling, renting, investing or building then I can assist!



Engaging, ad-supported print and digital newsletters to reach your community.

A NEWSLETTER?





Or visit www.blackmountainplumbing.com

to book appointment





# LET'S GROW YOUR BUSINESS

Place Your Ad Here and Support Our Parish!

**CONTACT ME Kathryn Dickens** 

kdickens@4LPi.com (800) 950-9952 x5809



Katie Dunn Law Living Trusts & Wills (858) 247-2746 w.katiedunnlaw.com Parishioner

#### ALLEN G. DAVIS, DDS, MS

**Board Certified Orthodontist-Parishioner** Invisalign® and traditional braces



9420-1 **MIRA MESA BLVD** SAN DIEGO, CA 858-578-5002



www.scrippsmesaorthodontics.com

# DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?

Engaging, ad-supported print and digital newsletters to reach your community.

Visit Ipicommunities.com



SUPPORT OUR ADVERTISERS!

WE APPRECIATE OUR

#### Don't Replace...REFACE!™ Save money. Save time. MOST kitchens done in 3-5 days!



**FREE IN-HOME ESTIMATES** 

858-549-2000



SHOWROOM/FACTORY

7020 Carroll Rd San Diego 92121 Off Miramar between I-805 & I-15

#### Yanni's Bar & Grill (858) 527-0011

12015 Scripps Highlands Dr. San Diego, CA 92131 www.yannisbarandgrill.com



**Family** Dentist & Dental **Implants** We accept new patients.

Nimmi Shine Call us today at:

858-999-8550

Most PPO insurances accepted and payment plans offered. End of the year, use it or lose it for annual dental benefits.

www.nimmishinedental.com

9888 Carroll Centre Rd #112 • San Diego, CA **Parishioner** 



Pascale@PascaleRealEstate.com PascaleRealEstate.com DRE#01386493





CatholicMatch.com/CA





## \$1,000.00 OFF YOUR FIRST THREE MONTHS!

1-619-457-1335 | ridgeviewhealthcenter.com

State of California License #374604426.

\*Move ins must be completed within 30 days of deposit.



ITALIAN RESTAURANT 858-586-0888

RIME RIB AND COCKTAILS

#### **GILMORE ORTHODONTICS**

Located in the Scripps Ranch Trader Joe's Center

**FREE Exam & Consultation** Invisalign and Traditional Braces for Adults and Children

Dr. David S. Gilmore

- St. Gregory's Parishioner Board Certified Orthodontist
- 9870 Hibert Street, Ste. D9 San Diego, CA 92131 (858) 433-7377 • www.gilmoreortho.com



Dr. Kim dela Cruz, DTCM, L.Ac. Acupuncture & Herbal Medicine ra Grande Street Suite 203 • San Diego

1.858.376.3650 www.kdacutherapy.com



### **BEST DEAL**

Plumbing, Heating & Air, Inc.

Cont. Lic. #770827

In the plumbing business for 50 years. Owned and operated here in the community.

- Water Heaters
- Drain Stoppages
- · Faucets -Kitchen & Bath
- · Sprinkler Repairs
- · Pressure Regulators
- Air Conditioning
- Garbage Disposals
- Heating

Good Quality work at Reasonable Prices

858-578-7808